

The Louisville Swim Association

Diving Rules and Regulations

1.0 MISSION AND ORGANIZATION

1.1 Mission Statement

The Louisville Swim and Dive Association is organized to encourage the development of boys and girls in swimming and diving. The individuals on each team shall do this by sponsoring meets among member teams, and by allowing the widest possible participation in each meet. Teams in the association will not take unfair advantage of each other and are expected to allow and encourage all eligible members of their clubs to participate on their swimming and diving teams regardless of skill level. Properly conducted competitive meets allow the development and improvement of all swimmers and divers.

1.2 Board of Directors Organization

- 1.2.1 The Board of Directors of the Association shall be composed of one official representative from each team (the LSA Rep).
- 1.2.2 The LSA Rep may not be from the coaching staff from any member club.
- 1.2.3 Other officers of the member clubs may participate in the board discussion. Each member club shall have one vote, which shall be cast by the club's official representative or duly appointed proxy.
- 1.2.4 The by-laws of this Association may be amended by majority vote of the members of the Board of Directors eligible to vote.
- 1.2.5 It is the responsibility of the club representative to inform all meet officials of league rules.

1.3 Diving Subcommittee

- 1.3.1 There shall be a subcommittee of the LSA consisting of a diving representative from each club fielding a diving team for the current season and a Representative of LSA Board of Directors.
- 1.3.2 The subcommittee's duties shall be to schedule meets and establish rules to govern the LSA Diving Program.
- 1.3.3 The diving subcommittee will select a Dive President to act as a representative to the LSA board.
 - 1.3.3.1 The LSA Dive President shall rotate in a similar manner as the Board Chairperson.
 - 1.3.3.2 The LSA Dive President will attend all LSA Board Meetings and act as liaison between all dive reps and the LSA Board while also maintaining the relationship as the representative from his/her member team to the diving subcommittee.

- 1.3.3.3 The LSA Dive President will set-up and run all diving subcommittee meetings and contact all member dive representatives as necessary.
- 1.3.3.4 The LSA Dive President will order scorecards and ribbons for all member teams.
 - Each team should receive 40 score cards.
 - Each team should receive 180 ribbons, 1st – 7th place.
 - Each team should receive 100 participant ribbons.
- 1.3.3.5 The LSA Dive President will coordinate the Championship meet.
 - 1.3.3.5.1 Designate a team to take care of programs
 - 1.3.3.5.2 Order medals and trophies
 - 1.3.3.5.2.1 Fifteen 1st – 7th place medals with neck ribbons, plus participant medals for all who participate
 - 1.3.3.5.2.2 Five team plates, 1st – 5th place-collect past year's trophies to place new plates on.
 - 1.3.3.5.3 Designate a referee
 - 1.3.3.5.4 Designate a computer operator
 - 1.3.3.5.5 Designate a host to handle food room
 - 1.3.3.5.6 Get checks from LSA treasurer for:
 - 1.3.3.5.6.1 Facility - \$300
 - 1.3.3.5.6.2 Food - \$250
 - 1.3.3.5.6.3 Referee - \$250
 - 1.3.3.5.6.4 Computer operator - \$100
 - 1.3.3.5.6.5 Judges Payment \$100 each

1.4 Board of Directors Officers

- 1.4.1 The Board of Directors shall consist of a Chairperson to preside at board meetings, a Secretary, a Treasurer.
- 1.4.2 The position of Chairperson, Secretary and Treasurer of the league will be determined in a rotating basis each year. Each club shall serve a one-year term. The current rotation by year is in Appendix A of the Administration Swimming Rules.

1.4.3 The Secretary shall serve as Chairperson in the absence of the President.

1.5 Board Meetings

1.5.1 An organizational meeting shall be held each year no later than March.

1.5.2 A follow up meeting shall be held no later than September of each year, chaired by the outgoing officers, to evaluate the completed season.

1.5.3 Members of the Board shall be notified at least one week prior to a meeting.

1.5.4 Meetings to address issues of an emergent nature may be scheduled by the Chairperson without such prior notice.

1.5.5 Meetings shall be conducted in accordance with the Louisville Swim Association.

2.0 CONDUCT AND ELIGIBILITY

2.1 General Conduct of all Participants

2.1.1 It is expected that conduct by coaches, team members and spectators during all dive meets be consistent with LSA goals for both swimming and diving skills and respect for competitors.

2.1.2 No team personnel/competitor/spectator shall act in an unsportsmanlike manner. This includes any act the referee deems unsportsmanlike, including, but not limited to, the following:

Making insulting or derogatory remarks, gestures, or acts, including taunting.

Attempting to influence or showing disgust with official's decisions.

Interfering with meet officials in the performance of their duties.

No team personnel/official/competitor shall use any form of alcohol product, or tobacco product, from the time they arrive at the competition site until they leave following completion of their duties or completion of the meet.

2.1.3 When a spectator(s) becomes unruly or interferes with the orderly progress of the meet, the referee shall suspend the meet until the individual(s) leaves the premises.

2.1.4 Any person or persons considered by the referee to be exhibiting unsportsmanlike behavior may be disqualified from any or all events in which that contestant(s) has or will participate for the meet. Further consideration of disciplinary action, including ejection from the meet, shall be at the discretion of the referee.

2.2 Conduct of Coaches

2.2.1 It is the duty of coaches, in addition to training their teams, to attempt to develop in their divers, a true love of the sport, and a spirit of good sportsmanship.

2.2.2 During the course of a meet, only the LSA rep or his designee shall be permitted to discuss a decision with the referee.

2.2.3 This discussion must be carried on in a proper and civil manner. Coaches should not impede any meet official.

2.3 Conduct of Divers

2.3.1 Any diver participating in an LSA meet must be attired in proper swimwear.

- 2.3.2 Obscene language and/or the use of alcoholic beverages by a diver or coach during a meet will not be tolerated under any circumstances. A violation of this rule will result in permanent expulsion from all future meets.
- 2.3.3 Any diver discovered competing under an assumed name or in an illegal age group will be suspended from the Association for such time as determined by the Board of Directors.
- 2.3.4 Any diver competing in a meet while not a member of the club he or she is representing, or in violation of the eligibility requirements listed in Section 2.4, will be suspended from further competition in the Association for a period of one (1) year.
- 2.3.5 If it can be determined that he or she was competing illegally with knowledge of his or her Coach, the meet will be declared a forfeit as well as any past meets in which the diver participated. Any further action against a Coach / club will be determined by the Board of Directors.
- 2.4 Eligibility**
- 2.4.1 Divers competing in LSA Diving meets must be members of only one of the teams in the association.
- 2.4.2 If the swimmer's team does not have a dive team, they may participate in the dive team of another LSA team.
- 2.4.3 Teams competing in the LSA will be approved by the LSA Diving Subcommittee.
- 2.4.4 At-Large divers may compete in LSA dual and championship meets but must be approved by the LSA Diving Subcommittee and are required show proof of AAU membership and AAU Insurance.
- 2.4.5 In order to represent a member team a diver must be a bona fide member of the team through membership or by valid employment by the club.
- 2.4.6 While the membership requirements of the teams are to be determined by the teams, no team may offer free memberships to swimmers or special rates whose sole purpose is to attract recruits for the team.
- 2.4.7 Compensated coaches can compete in LSA in the sport the person is not coaching (Swim can compete in Dive/ Dive can compete in swim).
- 2.4.8 Any diver, regardless of membership in other leagues such as the AAU or USA Diving may compete in the LSA.
- 2.4.9 Each individual team shall strongly encourage regular practice attendance for all swimmers and divers.
- 2.4.10 The LSA Diving Subcommittee shall decide all eligibility questions.

2.4.11 Divers must be 18 years old or under as of June 1st of the current year to compete in the LSA.

2.5 Liability Insurance

2.5.1 All teams must provide evidence of liability insurance coverage for their own team while swimming and diving at away meets.

2.5.2 Proof of coverage must be submitted to the LSA Diving Subcommittee by the first meet of each season. Each team should also provide a copy on request on arrival for an away meet.

2.5.3 At-Large divers may compete in LSA dual and championship meets are required show proof of AAU membership and AAU Insurance.

2.6 Age Eligibility

2.6.1 The age of the swimmer or diver on 11:59 pm on June 1st of the current year shall be used in determining in which age group he or she swims and dives.

2.6.2 No swimmer or diver may compete in an age group below his/her own.

2.6.7 A diver may dive in an age group above his or her own age group but can only compete in one event or age group.

2.7 Rosters and Fees

2.7.1 Tentative rosters and fees are due before the second meet of the season.

2.7.2 Final rosters and additional fees are due before the 4th dual meet.

2.7.3 Swimming and diving rosters must be separate.

2.7.4 These rosters should be arranged alphabetically by age group and sex.

3.0 PROTESTS AND SANCTIONS

3.1 Protests: Protest in all meets shall be handled as follows:

3.1.1 No person except the LSA representative or his/her designee is authorized to make or discuss a protest with the referee.

3.1.2 When a protest is made, the referee shall attempt to resolve it immediately.

3.1.3 If the referee feels that trying to resolve the protest will cause unnecessary delay of the meet, he shall:

(1) Instruct the secretariat to retain possession of the dive sheet and any other records involved with the event under protest;

(2) Continue scoring the meet as though the protest had been disallowed;

(3) Instruct the ribbon table to withhold awards for the event under protest;

(4) Resolve the protest after the final event and instruct the secretariat to make whatever adjustments need to be made in the final score and record of the meet. Instruct the Ribbons Table to make the award according to the resolution of the protest.

3.1.4 If a protest involves agreement that a particular act was committed but disagreement as to whether the act is a violation of association rules, the referee's decision may be appealed to the chairperson of the subcommittee for LSA Diving.

3.1.5 If however, a protest involves agreement that a particular act is a violation of the association rules, but disagreement as to whether it was committed, the decision of the referee is final.

4.0 Age Groups & Dive Requirements

4.1 General Information

- 4.1.1 Divers may only use dives as are included in the LSA diving table. (Appendix 1)
- 4.1.2 Diving Categories are Forward, Back, Reverse, Inward, and Twisting.
- 4.1.3 The required categories for each age group may not be repeated.
- 4.1.4 Each optional dive shall be taken from a different category.
- 4.1.5 No dive number, whether it is required or optional, may be repeated.
- 4.1.6 All dives of the same number, whether straight, pike or tuck, are considered as the same dive.
- 4.1.7 All standing dives are allowed. As stated in Rule 6.1.8, any diver may choose to use a standing take off on any forward facing dive. The judges must take into account this take off when awarding a score and deduct from the overall award.

4.2 Six and Under Requirements (6&U) – 3 dives

Required Dive (101/201/301/401 – any position)

Required Dive (101/201/301/401 – any position but may not repeat a category)

Optional Dive

- 6&U divers may substitute forward and back jumps for required dives using a 0.5 degree of difficulty. **
- 6&U receive no penalty for a balk (restart)
- 6&U after second balk receive an automatic score of ½ from each judge
- If a coach steps onto the board to help a 6&U, the diver will receive an automatic score of ½ from each judge.

4.3 Eight and Under Requirements (8&U) – 3 dives

Required Dive (101/201/301/401 – any position)

Required Dive (101/201/301/401 – any position but may not repeat a category)

Optional Dive

- 8&U divers may substitute forward and back jumps for a required dives using a 0.5 degree of difficulty. **
- 8&U receive no penalty for a balk (restart)
- 8&U after second balk receive an automatic score of ½ from each judge

4.4 Ten and Under Requirements (10&U) – 3 dives

Required Dive (101/201/301/401 - any position)

Required Dive (101/201/301/401 – any position but may not repeat a category)

Optional Dive

4.5 Twelve and Under Requirements (12&U) – 4 dives

Required Dive (101/201/301/401 – any position)

Required Dive (101/201/301/401 – any position, may not repeat a category)

Optional Dive

Optional Dive (may not repeat a category)

4.6 Fourteen and Under Requirements (14&U) – 5 dives

Required Dive (101/201/301/401)

Required Dive (101/201/301/401 – may not repeat a category)

Optional Dive

Optional Dive (may not repeat a category)

Optional Dive (may not repeat a category)

- the 14&U age group must complete dives in three of the five diving categories (forward, back, reverse, inward, twisting)

4.7 Eighteen and Under Requirements (18&U)

Required Dive (any dive on the FINA/LSA degree of difficulty table – 2.0 D.D.)

Optional Dive

Optional Dive

Optional Dive

Optional Dive

- the 18&U age group must complete dives in four of the five diving categories (forward, back, reverse, inward, twisting). A category may be repeated.

**** Jumps and Line Ups Available to 6&U and 8&U Age Groups (All DD's 0.5)**

100A – Forward Jump Straight

100B – Forward Jump Pike

100C – Forward Jump Tuck

200A – Back Jump Straight

200B – Back Jump Pike

200C – Back Jump Tuck

5.0 DIVING FORMS / STATEMENT OF DIVES

- 5.1. All divers competing must use the official LSA Diving Form.
- 5.2 Although encouraged, use of dive numbers is not mandatory.
- 5.3 Each diver, or diver's representative/coach, shall deliver to the referee, or the meet director, a completed diving form / statement of dives on the official form of the event for the competition. Dual Meets – 15 minutes. Championship Meet – 1-week prior or a date designated by the meet director.
- 5.4 Diving Forms for the Championships are to be turned in to the Meet Director one week before the Championships.
- 5.5 Changes in a diver's form may be made at any time prior to the championships or during the event in question, including on the board during the event.
- 5.6 Diving order for competition shall be a random draw.
- 5.7 Coaches are responsible for having diving forms filled out prior to the event. While circumstances may dictate a change, frequent abuse of this rule may result in a penalty being imposed by the referee or meet director.

6.0 **JUDGING DIVING****6.1** **General**

6.1.1 A judge shall award from 0 to 10 points for a dive according to his overall impression within the following criteria:

Excellent 10
Very Good 8.5 – 9.5
Good 7.0 – 8.0
Satisfactory 5.0 – 6.5
Deficient 2.5 – 4.5
Unsatisfactory 0.5 – 2.0
Completely failed 0

6.1.2 When judging a dive, the judge must not be influenced by any factor other than the technique and execution of the dive. The dive must be considered without regard to the approach to the starting position, the difficulty of the dive, or any movement beneath the surface of the water.

6.1.3 The points to be considered in judging the overall impression of a dive are the technique and grace of:

- The starting position and the approach
- The take-off
- The flight
- The entry

6.1.4 When a dive is performed clearly in a position other than that announced the dive shall be deemed unsatisfactory. The highest award for such a dive is 2 points.

6.1.5 When a dive is performed partially in a position other than that announced, the judges shall exercise their own opinion in making their award up to maximum of 4.5 points.

6.1.6 When a dive is not performed in the straight (A), pike (B), tuck (C), or free (D) position, the judge shall deduct from .5 to 2 points, according to his opinion.

6.1.7 When a judge considers that a dive of a different number has been performed he may award zero (0) points, notwithstanding that the Referee has not declared it to be a failed dive.

6.1.8 Any diver may choose to use a standing take off on any forward facing dive. The judges must take into account this take off when awarding a score and deduct from the overall award.

6.1.9 There is no penalty for restart (balk) in the 6 & Under and 8 & Under age groups.

- 6.1.19 A second failed attempt at any dive in the 6 & Under and 8 & Under age groups will result in an incomplete dive and the diver will receive a score of 1/2 from each of the judges.

6.2 The Starting Position

- 6.2.1 When the signal is given by the Referee, the diver shall take the starting position.

- 6.2.2 The starting position shall be free and unaffected.

- 6.2.3 When the correct starting position is not free and unaffected, each judge shall deduct .5 to 2 points, according to his opinion.

6.2.4 Standing dives

The starting position in standing dives shall be assumed when the diver stands on the front end of the board.

The body shall be straight, head erect, with the arms straight in any position.

When executing a standing dive, the diver must not bounce (crowhop) on the springboard or platform before the take-off. In this circumstance, the judge shall deduct from .5 to 2 points, according to his opinion.

6.2.5 Running dives

The starting position in a running dive shall be assumed when the diver is ready to take the first step of the run.

6.3 The Approach

- 6.3.1 When executing a running dive from the springboard, the run shall be smooth, aesthetically pleasing, and in a forward direction to the end of the springboard or platform with the final step being from one foot.

- 6.3.2 When the run is not smooth, aesthetically pleasing, or in a forward direction to the end of the springboard or platform, each judge shall deduct .5 to 2 points, according to his opinion.

- 6.3.3 When the final step is not from one foot, the judge may award zero (0) points, notwithstanding that the Referee has not declared it to be a failed dive.

- 6.3.4 The diver must not double bounce on the end of the springboard or platform before the take-off. When the judge considers that the diver has double bounced in a dive, the judge may award zero (0) points, notwithstanding that the Referee has not declared it to be a failed dive.

6.4 The Take-off

- 6.4.1 The take-off in forward and reverse dives may be performed either standing or running at the option of the diver. The take-off in backward and inward dives must be performed standing.
- 6.4.2 The take-off from the springboard shall be from both feet simultaneously. The forward and reverse take-off from the platform may be from one foot.
- 6.4.3 When the take-off from the springboard is not from both feet, the judge may award zero (0) points, notwithstanding that the Referee has not declared it to be a failed dive.
- 6.4.4 In running and standing dives, the take-off shall be bold, high and confident, and shall be from the end of the springboard or platform.
- 6.4.5 When the take-off is not bold, high and confident, or from the end of the springboard or platform, each judge shall deduct .5 to 2 points, according to his opinion.
- 6.4.6 In dives with twist, the twisting shall not be manifestly done from the springboard or platform. If the twisting is manifestly done from the springboard or platform, each judge shall deduct .5 to 2 points, according to his opinion.

6.5 The Flight

- 6.5.1 If during the execution of a dive, a diver dives to the side of the direct line of flight, each judge shall deduct according to his opinion.
- 6.5.2 If during an execution of a dive, a diver touches the end of the springboard or platform with his feet or hands, each judge shall deduct according to his opinion.
- 6.5.3 If during the execution of a dive, a diver is unsafely close to the springboard or touches the end of the springboard or platform with his or her head, the judges shall award up to a maximum of 2 points. If the majority of the judges (at least three (3) in a 5 judge panel / at least two (2) in a 3 judge panel) award two (2) or less points, all higher scores shall be two (2) points.
- 6.5.4 During the flight, the position of the dive shall be at all times aesthetically pleasing. Should any of the positions not be shown as described below, each judge shall deduct .5 to 2 points, according to his opinion.
- 6.5.5 The dive can be executed in the following positions:
- 6.5.5.1 Straight (A)
- In the straight position the body shall not be bent either at the knees or hips. The feet shall be together and the toes pointed. The position of the arms is at the option of the diver.

In all flying dives a straight position shall be clearly shown and that position shall be assumed from the take off or after one somersault. When the straight position is not shown for at least one quarter of a somersault (90°) in dives with one (1) somersault, and at least one half of a somersault (180°) in dives with more than one (1) somersault, the maximum award by the judges shall be 4.5 points.

6.5.5.2 Pike (B)

In the pike position the body shall be bent at the hips, but the legs must be kept straight at the knees, the feet shall be together, and the toes pointed. The position of the arms is at the option of the diver.

In the pike dives with twist, the pike position must be clearly shown. Should this position not be shown, each judge shall deduct .5 to 2 points, according to his opinion.



These diving illustrations serve as a guide only and the position of the arms is at the choice of the diver except in the entry.

6.5.5.3 Tuck (C)

In the tuck position the body shall be compact, bent at the knees and hips with the knees and feet together. The hands shall be on the lower legs and the toes pointed.

In tuck dives with twist, the tuck position must be clearly shown. Should this position not be shown, each judge shall deduct .5 to 2 points, according to his or her opinion.



These diving illustrations serve as a guide only and the position of the arms is at the choice of the diver except in the case of the hands in the tuck and the entry.

6.5.5.4 Free position (D)

In the free position, the body position is optional but the legs shall be together and the toes pointed.

In somersault dives with twist, the twist may be performed at any time during the flight.

6.6 **The Entry**

6.6.1 The entry into the water shall in all cases be vertical, not twisted, with the body straight, the feet together, and the toes pointed.

6.6.2 When the entry is short or over, twisted or the body not straight, the feet not together, and the toes not pointed, each judge shall deduct according to his opinion.

6.6.3 In head first entries; the arms shall be stretched beyond the head and in line with the body, with the hands close together. If one or both arms are held below the head on entry, the judge may award up to 4.5 points, notwithstanding that the Referee has not declared a maximum award of 4.5.

6.6.4 In feet first entries, the arms shall be close to the body with no bending at the elbows. If one or both arms are held beyond the head on entry, the judge may award up to 4.5 points, notwithstanding that the Referee has not declared a maximum award of 4.5.

6.6.5 Other than as provided in Rules 6.6.3 and 6.6.4, when the arms are not in the correct position in either the headfirst or feet first entry, each judge shall deduct from .5 to 2 points, according to his opinion.

6.6.6 When at the entry a twist is greater or less than that announced by 90 degrees or more on the last part of the body to enter the water, the judge may award zero (0) points, notwithstanding that the Referee has not declared it to be a failed dive.

6.6.7 The dive is considered to have been completed when the whole of the body is completely under the surface of the water.

7.0 OFFICIALS AND WORKERS**7.1 Diving Officials at Dual Meets**

- 7.1.1 Referee shall be chosen from participating coaches.
- 7.1.2 Three judges, two from the home team and one from the visiting team.
- 7.1.3 If three judges are not available, multiply the final total of each diver by 1.5.
- 7.1.4 Announcer from the home team.
- 7.1.5 At least three secretaries who will record and compute dive totals, and distribute awards.

7.2 Diving Officials at Championships

- 7.2.1 One independent Head Referee.
- 7.2.2 The Head Referee may serve as a judge.
- 7.2.3 Five independent judges.
- 7.2.4 One announcer per session as designated by the host team.
- 7.2.5 One secretary from each club per event for a total four per event who will record and compute dive totals, and distribute awards

7.3 Referee and Assistant Referee

- 7.3.1 The Referee shall be in control of the competition and located in a position so that he can manage the competition and ensure that the LSA Rules are observed.
- 7.3.2 The Referee shall make every attempt to inspect all the Diving Forms / Statement of Dives. If the statement does not comply with the Rules, the Referee shall have it corrected as early as possible.
- 7.3.3 The diver, or the diver's representative/coach, shall be informed of the Referee's decision, that a correction is required, as soon as possible.
- 7.3.4 In the case of unforeseen circumstances, the Referee may declare a short break, a postponement or a discontinuation of the competition. If possible the break should be done after a full round of dives.
- 7.3.5 Following an interruption, the competition shall be continued from where it was stopped. The points scored before the interruption shall be carried forward into the remaining portion of the competition, whenever it is held. The final results must be based on the

last complete round of dives. Note: If the competition cannot be continued, the result will be determined by the last completed round for the event in question.

- 7.3.6 When there is a strong wind, the Referee may give a diver the right to make a re-start without deduction of points.
- 7.3.7 Before each dive, the Referee or the official announcer shall announce the diver and the dive to be executed.
- 7.3.8 When a dive is incorrectly announced, the diver or his representative/coach shall advise the Referee immediately, who shall then confirm the diver's statement of dives.
- 7.3.9 If the incorrectly announced dive is executed by the diver, the Referee may cancel it and have the correct dive announced and performed immediately. The awards for the first dive must be noted should a protest be lodged.
- 7.3.10 The dive shall be executed after a signal given by the Referee. The signal shall not be given before the diver has assumed his position on the board. For backward and inward take-offs, the diver shall not proceed to the end of the springboard until after the signal has been given by the Referee. Because of the age and inexperience of many of the competitors, the Referee should be given wide latitude in order to enforce the rules.
- 7.3.11 Each diver shall be given sufficient time for the preparation and execution of the dive, but if it takes more than one minute after the Referee has given a warning, the diver shall receive zero (0) points for the dive announced.
- 7.3.12 When a diver executes a dive before the signal is given, the Referee shall decide whether the dive shall be repeated.
- 7.3.13 In exceptional circumstances (weather, noise, etc.), the Referee may allow a diver to repeat a dive without penalty. The awards for the first dive must be noted should a protest be lodged.
- 7.3.1 The request for such a repetition must be made immediately by the diver or his representative/coach.
- 7.3.14 If the diver double bounces on the end of the springboard or platform before take-off, the Referee shall declare it a failed dive.
- 7.3.15 When in a running dive the final step is not from one foot, the Referee shall declare it a failed dive.
- 7.3.16 When the take-off from the springboard is not from both feet simultaneously, the Referee shall declare it a failed dive.
- 7.3.17 When it is quite clear that the dive has been performed in a position other than that announced, the Referee shall repeat the announcement, and declare that the maximum award shall be 2 points, before giving the judges the signal to show their marks. If a judge then awards more than 2 points, the Referee shall declare the award from that judge to be 2 points.

- 7.3.18 When at the entry a twist is greater or less than that announced by 90 degrees or more, the Referee shall declare it a failed dive, based on the last part of the body to enter the water.
- 7.3.19 When the Referee is certain that a diver has performed a dive of a number other than that announced, the Referee shall declare it a failed dive.
- 7.3.20 When one or both arms are held above the head in a feet first entry or below the head in a head first entry, the Referee shall declare the maximum award to be 4.5 points. If a judge then awards more than 4.5 points, the Referee shall declare the award from that judge to be 4.5 points.
- 7.3.21 In head first dives, if the feet enter the water before the head or hands, the Referee shall declare it a failed dive.
- 7.3.22 In feet first dives, if the head or hands enter the water before the feet, the Referee shall declare it a failed dive.
- 7.3.23 During the execution of a dive, there shall be no assistance to the diver from any person. Assistance between dives shall be permitted.
- 7.3.24 The Referee may declare a dive to be failed if he considers that assistance has been given to the diver after the starting signal.
- 7.3.25 When a diver in a running dive takes a step and stops or in a standing dive stops the movement for the take-off after the legs have commenced to press, the Referee shall declare there has been a re-start and shall deduct 2 points from the award of each judge.
- 7.3.26 When there is a restart in a running, standing, the Referee shall deduct 2 points from the award of each judge.
- 7.3.27 When a second attempt (a re-start) is unsuccessful, the Referee shall declare a failed dive.
- 7.3.28 When a diver refuses to execute a dive, the Referee shall declare a failed dive.
- 7.3.29 If a diver in a competition disturbs a contest, the Referee may exclude him from that competition. If a member of a team, a coach or an official disturbs a contest, the Referee may exclude that person from the competition area.
- 7.3.30 The Referee may remove any judge from the competition whose judgment he regards as unsatisfactory and may appoint another judge to replace him.
- 7.3.31 Such a change of judge shall take place only at the end of a session or round of dives performed by each diver.
- 7.3.32 At the end of the competition the Referee shall confirm the final results by his signature.

7.4 Secretaries

7.4.1 General

- 7.4.1.1 Secretaries are responsible for recording and computing both individual dive scores and final totals.
- 7.4.1.2 Secretaries should use an electronic calculator or a slide calculator to compute individual dive totals – “raw total” x diver awards.
- 7.4.1.3 In the event of the use of a computer software program such as EDive or DiveMeets, one secretary will be needed to record the individual scores as a backup to the computer.

7.4.2 Secretaries - Dual Meet

- 7.4.2.1 At Dual Meets, there will be at least three (3) secretaries. If more than three (3) secretaries are available the steps listed in 7.4.2.2, 7.4.2.3 and 7.4.2.4 can be separated out into simpler tasks as used in the championship meet.
- 7.4.2.2 First Secretary: Shall record the individual awards one by one in the order that they are announced on the diving form and total the awards for the dive – the “raw total.”
- 7.4.2.3 Second Secretary: Shall multiply the “raw total” times the degree of difficulty and enter the result on the diving form. Then add the running total and the dive total to produce the current and final score. If only two judges are used then the final total should be multiplied by 1.5 for the final score.
- 7.4.2.4 Third Secretary: At the end of each event, shall order and record event finish on the diving forms. Shall record names, teams and points for the top 3 divers in each event on the score sheet and compute the running total as each event is completed. Shall write the names of the winners on the ribbons and distribute the ribbons when their names are read by the announcer.

7.4.3 Secretaries - Championships

- 7.4.3 At Championships, there will be one (1) secretary from each club per session.
- 7.4.3 A Head Secretary should be designated and will be fully knowledgeable of the duties of all five (5) secretaries in order to insure smooth accurate record keeping.
- 7.4.3 The Head Secretary will assist the Referee in insuring that all secretaries are properly instructed.
- 7.4.3 The head secretary will assign duties at the scorer’s table.

7.4.3 First Secretary: Shall record the individual awards one by one in the order that they are announced on the diving form and total the awards for the dive – the “raw total.”

7.4.3 Second Secretary: Shall multiply the “raw total” times the degree of difficulty and enter the result on the diving form.

7.4.3 Third Secretary: Shall add the running total and the dive total to produce the current score and final score.

7.4.3 Fourth Secretary: At the end of each event shall order and record event finish on the diving forms, and shall record names, teams and points for the top 3 divers in each event on the score sheet and compute the running total as each event is completed.

7.4.3 Fifth Secretary: Shall write the names of the winners on the ribbons and distribute the ribbons when their names are read by the announcer.

7.4.3 Head Secretary should be sure the following are available at the scoring table:

One Diving Slide Calculator to compute individual dive scores or

Two electronic calculators to compute individual dive scores and running total.

Pencils, Pens, Paper Clip, etc.

Two Hi Point Team forms with carbons and Headings filled in

Team Score Sheets with carbons and heading filled in ahead of time, 2 sets, with 8 copies total, 1 for each team and 1 for the Head Secretary.

7.5 Judges

7.5.1 Will evaluate the dives in accordance with the LSA guidelines and assign point values accordingly.

7.5.2 After each dive, on a signal from the Referee or announcer, each judge without communication without any other judge shall immediately and simultaneously with the other judges flash his awards.

7.5.3 Will have no other responsibilities during the meet.

7.5.4 Will not talk among themselves from the time the diver is announced until the time all the scores have been announced.

7.5.5 All judges are to be provided with a copy of the rules at least 24 hours prior to each meet. No person may judge if they have not read the diving rules.

7.6 Announcer

7.6.1 During first and final round the announcer shall announce the name of the competitor, the team, the dive description listed on the sheet and the degree of difficulty.

7.6.2 During middle round(s) the announcer shall announce the first name of the competitor, the dive description listed on the sheet and the degree of difficulty.

7.6.3 The announcer will announce the next diver on deck for every round

7.7 Coaches

7.7.1 Coaches may serve as coach, judge, referee, or announcer, but may serve only in one capacity at each meet.

7.7.2 If a coach serves as referee, judge, or announcer, he or she must designate another person to coach his or her team and may not get involved with the managing of his or her team in any way.

8.0 Individual Scoring

8.1 In the individual events, the diver with the highest total points shall be declared the winner of that event. The remaining divers shall be ranked by their final points.

8.2 Individual score calculation is done at the scorer's table on the diving form by secretaries as assigned.

8.3 If two or more competitors obtain the same number of points it is a tie.

9.0 Team Scoring

9.1 Points at dual meets

1st place	5 points
2nd place	3 points
3rd place	1 point

9.2 In dual meets, uncontested events will be awarded 1st Place points ONLY.

9.3 In the event of a tie between divers, each diver is awarded their place points/ribbons and the next place is skipped. (Ex: Tie for 1st place= both divers receive 1st place points/ribbon. The subsequent place = diver receives 3rd place points/ribbon and so on.)

9.4 Points at Championships

1st place	8 points
2nd place	6 points
3rd place	5 points
4th place	4 points
5th place	3 points

6th place	2 points
7th place	1 point

- 9.5 In the event of a tie between divers, each diver is awarded their place points/ribbons and the next place is skipped. (Ex: Tie for 1st place= both divers receive 1st place points/ribbon. The subsequent place = diver receives 3rd place points/ribbon and so on.)
- 9.6 In the Championship meet, points are awarded as earned with no consideration for an uncontested event.
- 9.7 Winner will be the team that has obtained the greatest number of points (less deductions) at the end of the meet.

Appendix 1 – LSA/FINA Degree of Difficulty Chart

FINA TABLE OF DEGREE OF DIFFICULTY
Louisville Swim Association Diving League

Springboard		1 meter			
Forward Group					
		A	B	C	D
101	Forward Dive	1.4	1.3	1.2	-
102	Forward Somersault	1.6	1.5	1.4	-
103	Forward 1 ½ Somersault	2.0	1.7	1.6	-
104	Forward Double Somersault	2.6	2.3	2.2	-
105	Forward 2 ½ Somersault		2.6	2.4	-
106	Forward Triple Somersault		3.2	2.9	-
107	Forward 3 ½ Somersault		3.3	3.0	-
109	Forward 4 ½ Somersault				-
112	Forward Flying Somersault	-	1.7	1.6	-
113	Forward Flying 1 ½ Somersault	-	1.9	1.8	-
115	Forward Flying 2 ½ Somersault	-			-
Back Group					
		A	B	C	D
201	Back Dive	1.7	1.6	1.5	-
202	Back Somersault	1.7	1.6	1.5	-
203	Back 1 ½ Somersault	2.5	2.3	2.0	-
204	Back Double Somersault		2.5	2.2	-
205	Back 2 ½ Somersault		3.2	3.0	-
206	Back Triple Somersault		3.2	2.9	-
207	Back 3 ½ Somersault				-
212	Back Flying Somersault	-	1.7	1.6	-
213	Back Flying 1 ½ Somersault	-			-
215	Back Flying 2 ½ Somersault	-			-
Reverse Group					
		A	B	C	D
301	Reverse Dive	1.8	1.7	1.6	-
302	Reverse Somersault	1.8	1.7	1.6	-
303	Reverse 1 ½ Somersault	2.7	2.4	2.1	-
304	Reverse Double Somersault	2.9	2.6	2.3	-
305	Reverse 2 ½ Somersault		3.2	3.0	-
306	Reverse Triple Somersault		3.3	3.0	-
307	Reverse 3 ½ Somersault				-
312	Reverse Flying Somersault	-	1.8	1.7	-
313	Reverse Flying 1 ½ Somersault	-	2.6	2.3	-
Inward Group					
		A	B	C	D
401	Inward Dive	1.8	1.5	1.4	-
402	Inward Somersault	2.0	1.7	1.6	-
403	Inward 1 ½ Somersault		2.4	2.2	-
404	Inward Double Somersault		3.0	2.8	-
405	Inward 2 ½ Somersault		3.4	3.1	-
407	Inward 3 ½ Somersault				-
412	Inward Flying Somersault	-	2.1	2.0	-
413	Inward Flying 1 ½ Somersault	-	2.9	2.7	-

		1 meter			
Twisting Group		A	B	C	D
5111	Forward Dive ½ Twist	1.8	1.7	1.6	-
5112	Forward Dive 1 Twist	2.0	1.9		-
5121	Forward Somersault ½ Twist	-	-	-	1.7
5122	Forward Somersault 1 Twist	-	-	-	1.9
5124	Forward Somersault 2 Twists	-	-	-	2.3
5126	Forward Somersault 3 Twists	-	-	-	2.7
5131	Forward 1 ½ Somersault ½ Twist	-	-	-	2.0
5132	Forward 1 ½ Somersault 1 Twist	-	-	-	2.2
5134	Forward 1 ½ Somersault 2 Twists	-	-	-	2.6
5136	Forward 1 ½ Somersault 3 Twists	-	-	-	3.0
5138	Forward 1 ½ Somersault 4 Twists	-	-	-	3.4
5151	Forward 2 ½ Somersault ½ Twist	-	3.0	2.8	-
5152	Forward 2 ½ Somersault 1 Twist	-	3.2	3.0	-
5154	Forward 2 ½ Somersault 2 Twists	-	3.6	3.4	-
5172	Forward 3 ½ Somersault 1 Twist	-			-
5211	Back Dive ½ Twist	1.8	1.7	1.6	-
5212	Back Dive 1 Twist	2.0			-
5221	Back Somersault ½ Twist	-	-	-	1.7
5222	Back Somersault 1 Twist	-	-	-	1.9
5223	Back Somersault 1 ½ Twists	-	-	-	2.3
5225	Back Somersault 2 ½ Twists	-	-	-	2.7
5227	Back Somersault 3 ½ Twists	-	-	-	3.1
5231	Back 1 ½ Somersault ½ Twist	-	-	-	2.1
5233	Back 1 ½ Somersault 1 ½ Twists	-	-	-	2.5
5235	Back 1 ½ Somersault 2 ½ Twists	-	-	-	2.9
5237	Back 1 ½ Somersault 3 ½ Twists	-	-	-	
5239	Back 1 ½ Somersault 4 ½ Twists	-	-	-	
5251	Back 2 ½ Somersault ½ Twist	-	2.9	2.7	-
5253	Back 2 ½ Somersault 1 ½ Twists	-			-
5311	Reverse Dive ½ Twist	1.9	1.8	1.7	-
5312	Reverse Dive 1 Twist	2.1			-
5321	Reverse Somersault ½ Twist	-	-	-	1.8
5322	Reverse Somersault 1 Twist	-	-	-	2.0
5323	Reverse Somersault 1 ½ Twists	-	-	-	2.4
5325	Reverse Somersault 2 ½ Twists	-	-	-	2.8
5331	Reverse 1 ½ Somersault ½ Twist	-	-	-	2.2
5333	Rev. 1 ½ Somersault 1 ½ Twists	-	-	-	2.6
5335	Rev. 1 ½ Somersault 2 ½ Twists	-	-	-	3.0
5337	Rev. 1 ½ Somersault 3 ½ Twists	-	-	-	3.4
5339	Rev. 1 ½ Somersault 4 ½ Twists	-	-	-	
5351	Rev. 2 ½ Somersault ½ Twist	-	2.9	2.7	-
5353	Rev. 2 ½ Somersault 1 ½ Twists	-		3.5	-
5371	Reverse 3 ½ Somersault ½ Twist	-			-
5411	Inward Dive ½ Twist	2.0	1.7	1.6	-
5412	Inward Dive 1 Twist	2.2	1.9	1.8	-
5421	Inward Somersault ½ Twist	-	-	-	1.9
5422	Inward Somersault 1 Twist	-	-	-	2.1
5432	Inward 1 ½ Somersault 1 Twist	-	-	-	2.7
5434	Inward 1 ½ Somersault 2 Twists	-	-	-	3.1
5436	Inward 1 ½ Somersault 3 Twists	-	-	-	

APPENDIX 2 - SUMMARY OF JUDGING PENALTIES**REFEREE PENALTY**Referee to declare "Failed Dive"; 0 points

- If the diver takes more than one minute, after a warning.
- If a diver double bounces on the end of the springboard or platform before take-off.
- If the final step is not from one foot.
- If the take-off is not from both feet simultaneously.
- If a twist is greater or less than that announced by 90 degrees or more.
- If a diver has performed a dive of a number other than that announced.
- If the feet enter the water before the head or hands in a head first dive.
- If the head or hands enter the water before the feet in a feet first dive.
- If assistance has been given to the diver after the starting signal.
- When a second attempt (a re-start) is unsuccessful.
- If a diver refuses the execution of a dive.

Referee to declare "2 points deduction"

- If a diver takes a step and stops or stops the movement for a standing takeoff after the legs have commenced to press.
- If there is a re-start in a standing or running dive.

Referee to declare "2 points maximum"

- If a diver performs a dive in a position other than that announced.
- If a diver performs a dive without an armswing or push off the board.

Referee to declare "4.5 points maximum"

- If a diver has one or both arms held above the head in a feet first entry or below the head in a head first entry.

JUDGES PENALTYJudges to award "0 points"

- If a dive of a different number has been performed.
- If the final step is not from one foot.
- If a diver double bounces in a dive at the end of the springboard before the take-off.
- If the take-off is not from both feet simultaneously.
- If a twist is greater or less than that announced by 90° or more.

Judges to award "2 points maximum"

- If a dive is performed clearly in a position other than that announced.
- If in a dive, a diver is unsafely close to the springboard or touches the end of the springboard or platform with his head.

Judges to award "4.5 points maximum"

- If a dive is performed partially in a position other than that announced.
- If in a flying dive, a straight position is not clearly shown for at least one quarter of a somersault (90°) in dives with somersault and at least a half somersault (180°) in dives with more than 1 somersault.
- If the arms are not stretched beyond the head and in line with the body, with the hands close together in a head first dive.
- If the arms are held above the head in a feet first entry.

Judges to deduct "from .5 to 2 points"

- If a dive is not performed in a position as described.
- If the correct starting position is not free and unaffected.
- If there is a bounce (crow-hop) in a standing dive.
- If the run is not smooth, aesthetically pleasing in a forward direction to the end of the springboard or platform.
- If the take-off is not bold, high, and confident.
- If in a twist dive, the twisting is manifestly done from the springboard
- If the positions as described in the rules are not shown.
- If in a pike dive with twist, the pike position is not clearly shown.
- If in a tuck dive with twist, the tuck position is not clearly shown.
- Notwithstanding Rules 6.6.3 and 6.6.4, the arms are not in the correct position in either the head first or feet first entry.

Judges to deduct "according to individual opinion"

- If in a dive, the diver dives to the side of the direct line of flight.
- If in a dive, a diver touches the end of the springboard or platform with his feet or hands.
- If the entry into the water is not vertical, or nearly so, or twisted with the body not straight, the feet not together, and the toes not pointed.